## August/September Lunch Menu

Hopewell Elementary School

## Welcome Back! We Have Missed You!

Monday August 30

Popcorn Chicken Bites/ W Dinner Roll Sweet Corn, Baby Carrots Apple Slices, Chilled Fruit

<u>Tuesday August 31</u> Bosco Cheese Sticks W/ Marinara Dipping Sauce Green Beans, Celery Sticks Grapes, Chilled Fruit

## Wednesday September 1 Hot Ham and Cheese Melt on a Pretzel Roll

Goldfish Crackers, Cucumber Coins Orange Wedges, Chilled Fruit

> Thursday September 2 Spicy Chicken Sandwich French Fries, Celery Sticks Apples, Chilled Fruit

Friday September 3 & Monday September 6 NO SCHOOOL

Happy Labor Day



<u>Tuesday September 7</u> Pasta W/ Chicken Alfredo Sauce, Dinner Roll Steamed Broccoli , Baby Carrots Granny Smith Apples, Chilled Fruit

> Wednesday September 8 Pepperoni Pizza Veggie Boat, Green Beans Orange Wedges, Chilled Fruit

Thursday September 9th Cheesesteaks Baked Chips, Pickles Blueberries, Raisins

Friday September 10th Hamburger or Cheeseburger French Fries, Tomato Slices Mixed Fruit Salad, Frozen Sidekick

Monday September 13th Meatball Sub Topped W/ Mozzarella Cheese Baby Carrots, Green Beans Apples, Chilled Fruit

> Tuesday September 14th Beef Tacos (2) W/ Cheese Sweet Corn, Salsa Cup Oranges, Chilled Fruit

Wednesday September 15th Pizza Pockets (Calzone) Green Beans, Garden Salad Strawberries, Chilled Fruit

<u>Thursday September 16th</u> Chicken Tenders Pretzels, Crunchy Broccoli Salad Grapes, Chilled Fruit

Friday September 17th Corn Dog Nuggets French Fries, Celery Sticks Mixed Fruit Salad, Chilled Fruit <u>Monday September 20</u> Quesadilla W/ Chicken and Cheese Refried Beans, Salsa Cup Pineapple, Chilled Fruit

**Tuesday September 21** 



Please Contact the Food Service Office

Any Questions?

610-932-6660

Creamy Mac and Cheese Sweet Peas, Tomato Salad Grapes, Chilled Fruit

Wednesday September 22 Mozzarella Sticks W/Sauce Mixed Vegetables, Baby Carrots Apple Slices, Chilled Fruit

> Thursday September 23 BBQ Pork Sandwich Baked Chips, Veggie Cup Raisins, Chilled Fruit

Friday September 24 Hamburger or Cheeseburger Fries, Pickles Orange Wedges, Chilled Fruit

Monday September 27 Chicken Nuggets W/ Dinner Roll Steamed Broccoli, Baby Carrots Fresh Melon, Chilled Fruit

<u>Tuesday September 28</u> Brunch 4 Lunch! Dutch Waffle W/ Sausage Patty Hash Rounds, Grape Tomatoes Mixed Fruit, Chilled Fruit

Wednesday September 29 Buffalo Chicken Pizza Garden Salad, Corn Strawberries, Chilled Fruit

<u>Thursday September 30</u> Doritos Walking Tacos (Beef) Lettuce, Tomato, Cheese, Black Beans Salsa Apples, Chilled Fruit All Lunches are served with a choice of Fat Free Flavored Milk or 1% White Milk



## What's in a Meal?

Choice of Milk 1Entrée 1 Fruit 1 or 2 Vegetables 1 Grain You must choose at least 3 items (1 fruit or Vegetable) or you may choose up to 5 items for a no cost lunch!

Breakfast and Lunch will be offered at no charge for the 21/22 School Year

Second Meals or a la carte items (single items) must be paid for from your child's account.

www.schoolcafe.com